



Vacation Packing Essentials

This guide will not only address the items you should pack for your cruise, but also where to store them to avoid having them confiscated or inaccessible when you need them.

WOMEN'S CRUISE PACKING LIST

Undergarments and Bed Wear		Accessories	
	Bras <i>Include strapless if needed for evening wear</i>		Purses (day and evening)
	Panties		Belts
	Lingerie / night gown / pajamas / robe		Scarves
	Compression stockings <i>For airplane flight to prevent swollen ankles</i>		Gloves and stocking cap <i>If expecting cold weather</i>
	Exercise / walking socks		Jewelry and extra watch
	Trouser socks or pantyhose		
	Camisole / slip		
Workout and Swim Wear		Women's Miscellaneous	
	Swim suit and cover-up / sarong		Blow dryer
	Thongs / flip flops		Curling iron or curlers
	Work out clothes and sports bra		Comb/brush
Clothing – Dress Code Specific			Hair gel
	Outfit for casual nights on ship <i>Dress, skirt and blouse or pants and a dressy top</i>		Hair spray (non-aerosol)
	Outfit for informal nights on ship <i>Dress or pant suit</i>		Shampoo
	Outfit for formal nights on ship <i>Dressy pant suit, cocktail dress or evening gown</i>		Conditioner
Clothing – Other			Shower cap
	Shorts		Bar soap in plastic container
	Tops of all types <i>Sleeveless, short-Sleeved, long-sleeved</i>		Deodorant
	Capri pants		Toothbrush / toothpaste
	Slacks		Dental floss
	Windbreaker / raincoat		Mouthwash
	Sweatshirt		Tweezers
	Evening sweater		Make-up mirror
Footwear			Make-up and make-up bag
	Walking shoes		Make-up remover
	Walking sandals		Cleanser
	Rubber sandals <i>For reef walking and beach</i>		Moisturizer and freshener
	Evening shoes		Nail polish and remover
			Nail clippers and file <i>Be sure to put in checked luggage</i>
			Razor and shaving cream



MEN'S CRUISE PACKING LIST

Undergarments and Bed Wear	
	Underwear (briefs or boxer shorts)
	Undershirts
	Pajamas and robe
	Compression socks <i>For airplane flight to prevent swollen ankles</i>
Workout and Swim Wear	
	Swim suit and cover-up
	Work out clothes / T-shirts
Clothing – Dress Code Specific	
	Outfit for casual nights on ship <i>Slacks and sports shirts</i>
	Outfit for informal nights on ship <i>Slacks and a polo shirt, often required to wear a sports jacket, ties are optional</i>
	Outfit for formal nights on ship <i>Suit or tuxedo</i>
Clothing – Other	
	Shorts
	Casual shirts
	Slacks (casual and dress)
	Windbreaker/raincoat
	Sweatshirt

Footwear	
	Walking shoes
	Walking sandals
	Rubber sandals / shoes for reef walking and beach
	Evening or dress shoes
	Casual shoes
Accessories	
	Belts
	Gloves and stocking cap <i>If expecting cold weather</i>
Miscellaneous	
	Comb / brush
	Shampoo and hair products
	Bar soap in plastic container
	Deodorant
	Toothbrush / toothpaste
	Dental floss
	Mouthwash
	Tweezers
	Nail clippers and file <i>Be sure to put in checked luggage</i>
	Razor and shaving cream <i>Or electric razor and supplies</i>



CRUISE TRAVEL ESSENTIALS FOR EVERYONE

Travel Documents, Wallet Items, and Paperwork	
	Airline tickets or e-ticket confirmation
	Cruise documents
	Passports and visas (if necessary) or proof of citizenship (check with your cruise line for requirements)
	Vaccination certificate (if required)
	Driver's license and auto insurance card - in case you decide to rent a car when ashore
	Medical insurance cards and medical history (especially if traveling alone)
	Copy of prescriptions and list of all medicines you are taking
	Another picture ID - if you don't take driver's license
	Credit cards - notify your credit card companies before traveling to alert them you are traveling
	ATM card
	Pre-paid phone card
	Cash or traveler's checks - be sure to keep traveler's checks receipt in separate location
	3 copies of airline tickets, cruise tickets, passports/visas, itinerary <i>Pack 1 copy in carry on, 1 copy in checked luggage, and leave one copy with someone at home</i>
	Contact numbers to report lost/stolen credit cards or traveler's checks
	Emergency numbers at home
	Currency conversion chart
	Wallet and fanny pack
	Watch - dual time zone watch is perfect!

Reading Material and Necessities	
	Glasses, contacts, contact cleaner
	Extra reading glasses
	Sunglasses
	Reading sunglasses
	Guidebooks and other port of call information
	Foreign language phrase book or dictionary
	Maps
	Reading material <i>For the plane or lounging by the pool</i>
	Journal or notebook and pen/pencil <i>Make notes to tell your friends back home about your experiences</i>
	Business cards with email address to give out to new cruise friends
	Home and email addresses of friends/relatives <i>For sending postcards, emails, or gifts</i>
	Photo album

Medicine Kit	
	Prescription drugs and any other essential medications in carry on bag
	Ear plugs
	Small first aid kit <i>Band aids, Q-tips, Vaseline, Dramamine, antibiotic cream, bandages, anti-diarrhea medication, cortisone cream, aspirin / Tylenol / Advil</i>
	Germicidal hand cleaner
	Handy-wipes <i>For cleaning hands when ashore</i>
	Hand lotion
	Rubbing alcohol or foot lotion <i>For soothing tired, hot feet</i>
	Bug spray <i>For those pesky mosquitoes etc. ashore</i>
	Sun screen / sun block and lip sunblock



CRUISE TRAVEL ESSENTIALS FOR EVERYONE CONTINUED

Electronics and Camera Equipment	Other "Necessities"
Plug adaptor and converter	Duct tape or strapping tape
Cell phone and charger	Plastic cable-lock ties for luggage <i>Better than locks, but one-time use only</i>
PDA and charger	Extra luggage name tags <i>In case yours are lost on the outbound trip</i>
Laptop computer	Zip loc bags of all sizes and garbage/laundry bags
Binoculars	Corkscrew <i>Be sure to put in checked luggage</i>
Film camera and manual	Swiss Army knife or something similar with screwdriver head, etc. <i>Be sure to put in checked luggage</i>
Extra film <i>Don't put undeveloped film in checked luggage</i>	Small umbrella
Disposable underwater camera <i>For snorkeling or beach days</i>	Collapsible travel pillow <i>For those long airplane flights</i>
Digital camera and manual	Crazy glue
Extra memory cards for digital camera	Playing cards
Batteries for digital camera	Sports gear (e.g. snorkeling gear)
Battery charger	Shoe horn <i>For getting those shoes back on your swollen feet</i>
Extension cord / power strip with multiple plug-ins	Sewing kit and scissors <i>Be sure to put in checked luggage</i>
Walkman / Discman / MP3 Player <i>For walking on deck or on treadmill</i>	Travel-sized Woolite
Small travel alarm clock - battery operated	Clothes pins
Lighted dial clock for cruise ship cabin	Empty folding tote bag <i>For souvenirs or the beach</i>
Small flashlight	Hats/caps/visors
Night light	Insulated large coffee mugs

This extensive list is by no means going overboard, pardon the pun. All of the above should be considered to ensure you are prepared for every situation. Weather changes, security checks and medical incidents are just some of many reasons to take note of the provided guide and pack accordingly.

For further information on what to bring on your cruise, please contact the CruiseShipCenters location nearest you. For a list of our locations visit <http://www.cruiseshipcenters.com/>